

Vitamin C

Vitamin C is one of the most important water-soluble antioxidant nutrients and is involved in a wide variety of biochemical reactions throughout the body. Humans, unlike most other mammals, cannot manufacture vitamin C, so we must rely on food or nutritional supplements. Vitamin C is stored in tissues throughout the body, and is especially concentrated in the adrenal glands, where it is crucial for the production of adrenal hormones involved in responding to stress.* The body uses vitamin C in immune system functions including white blood cell production, histamine release and degradation, the reduction of glutathione, and the metabolism and protection of several other nutrients.* Vitamin C is involved in detoxifying heavy metals such as lead, cadmium, mercury and nickel.* It is involved in the production of collagen and elastin, important connective tissue proteins.* Vitamin C may also support HDL cholesterol within normal levels, and bone mineral density.*

NutriCology® has pioneered the development of buffered vitamin C products, and continues to offer the purest and least allergenic vitamin C products available. In addition to its hefty content of ascorbic acid, our buffered vitamin C also supplies the macro-minerals calcium and magnesium at approximately one half the RDI per heaping teaspoon, which may make it desirable for individuals who do not regularly consume dairy products.*

Buffered Vitamin C Powder is formulated with carbonates of calcium, magnesium, and potassium, giving an acid-alkaline buffering action (pH 7.0 in water), potentially improving bowel tolerance and minimizing hyperacidity.*

NutriCology® Buffered Vitamin C has been used clinically for offsetting acute hypersensitivity reactions and the addictive craving for foods, cigarettes and other withdrawal states from stimulants and alcohol.* A study at the Haight-Ashbury Free Clinic in San Francisco demonstrated that Buffered Vitamin C could offset and reduce withdrawal symptoms for stimulants and opiates by 90% in outpatients, who took a teaspoon of Buffered Vitamin C whenever they felt a craving.*

Our newest vitamin C product is Buffered Cassava Vitamin C capsules, providing high-purity non-GMO ascorbic acid from cassava root, buffered with carbonates of calcium and magnesium. Non-GMO Vitamin C 500 offers pure non-GMO vitamin C with concentrated polyphenols from grapes, blueberries, cranberries, blackberries, raspberries, and strawberries. Micro Liposomal C utilizes non-GMO vitamin C, in pure essential phospholipids from non-GMO sunflower lecithin. The soy-free liposomes are several times smaller than other vitamin C liposome products. Micro Liposomal C pours freely as a liquid and tastes great.



#50020
120 grams (4.2 oz.)

Pure Vitamin C Powder

Supplement Facts

Serving Size ½ Teaspoon (2 g)
Servings Per Container 60

Amount Per Serving	% Daily Value*
Vitamin C (as Ascorbic Acid)	2 g 2222%

*Percent Daily Value are based on a 2,000 calorie diet



#56770
120 mL (4 fl. oz.)

Micro Liposomal C

Supplement Facts

Serving Size 1 Teaspoon (5 mL)
Servings Per Container 24

Amount Per Serving % Daily Value

Vitamin C (from Sodium Ascorbate)	1000 mg	1111%
Sodium (from Sodium Ascorbate)	125 mg	5%

Other ingredients: Water, glycerin, ethanol, phospholipids (from purified sunflower seed lecithin), natural citrus oil.



800.545.9960
info@nutricology.com
www.nutricology.com





#50000
240 grams (8.5 oz.)

Buffered Vitamin C Powder

Supplement Facts

Serving Size	½ Teaspoon (2.35 g)	
Servings Per Container	102	
Amount Per Serving	% Daily Value*	
Vitamin C (as Ascorbic Acid)	1.067 g	1186%
Calcium (as Calcium Carbonate)	202 mg	16%
Magnesium (as Magnesium Carbonate)	107 mg	25%
Potassium (as Potassium Carbonate)	45 mg	1%

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Microcrystalline cellulose.



#50010
120 vegetarian capsules

Buffered Vitamin C

Supplement Facts

Serving Size	2 Capsules	
Servings Per Container	60	
Amount Per Serving	% Daily Value*	
Vitamin C (as Ascorbic Acid)	1 g	1111%
Calcium (as Calcium Carbonate)	190 mg	15%
Magnesium (as Magnesium Carbonate)	104 mg	25%

*Percent Daily Value are based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, silicon dioxide, microcrystalline cellulose, stearic acid, magnesium stearate.



#57620
90 vegetarian capsules



Non-GMO Vitamin C 500

Supplement Facts

Serving Size	1 Capsule	
Servings per Container	90	
Amount Per Serving	% Daily Value*	
Vitamin C (as ascorbic acid)	500 mg	556%
(non-GMO) (from 800 mg Polyphenol-C® Proprietary Blend)		
Berry Polyphenols	80 mg	†
(from 800 mg Polyphenol-C® Proprietary Blend containing Grape Extract (whole fruit), Blueberry Extract (whole fruit), Cranberry Extract (whole fruit), and concentrates from Blackberry (whole fruit), Raspberry (whole fruit), Strawberry (whole fruit))		

† Daily value not established.

*Percent Daily Value are based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, silicon dioxide.



#55010
120 vegetarian capsules

Buffered Cassava Vitamin C

Supplement Facts

Serving Size	1 Capsule	
Servings Per Container	120	
Amount Per Serving	% Daily Value*	
Vitamin C (Ascorbic Acid) (cassava source)	500 mg	556%
Calcium (as Calcium Carbonate)	95 mg	7%
Magnesium (as Magnesium Carbonate)	35 mg	8%

† Daily value not established.

*Percent Daily Value are based on a 2,000 calorie diet.

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, Nu-MAG® (rice extract, rice hulls, gum arabic, sunflower oil), Nu-FLOW® (rice hulls), stearic acid.

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#50070
100 vegetarian capsules
#50080
200 vegetarian capsules

Esterol Ester-C®

Supplement Facts

Serving Size	2 Capsules	
Servings Per Container	50 or 100	
Amount Per Serving	% Daily Value*	
Vitamin C (as Calcium Ascorbate)	1.35 g	1500%
Calcium (as Calcium Ascorbate)	150 mg	12%
Rutin	100 mg	†
Quercetin Dihydrate	50 mg	†
Grape Seed Extract (92% Proanthocyanidins)	5 mg	†

† Daily Value not established.

*Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.



#50030
100 vegetarian capsules

Pure Vitamin C

Supplement Facts

Serving Size	2 Capsules	
Servings Per Container	50	
Amount Per Serving	% Daily Value	
Vitamin C (as Ascorbic Acid)	2 g	2222%

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, stearic acid, magnesium stearate.



#50090
100 vegetarian capsules

Magnesium Ascorbate

Supplement Facts

Serving Size	2 Capsules	
Servings Per Container	50	
Amount Per Serving	% Daily Value	
Vitamin C (as Magnesium Ascorbate)	1 g	1111%
Magnesium (as Magnesium Ascorbate)	70 mg	17%

* Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, microcrystalline cellulose, L-leucine.