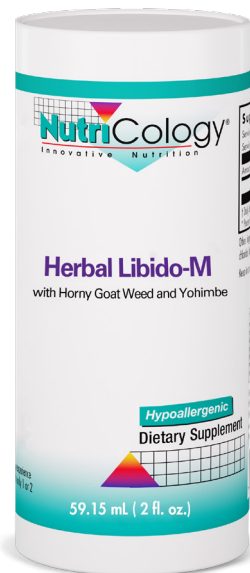




Herbal Libido-M

with Horny Goat Weed and Yohimbe

Herbal Libido-M is a unique blend of botanicals formulated to support a healthy libido in men.* The formula contains herbs with a long tradition of use, many of which are known as natural aphrodisiacs:* *Epimedium sagittatum* (horny goat weed), *Tribulus terrestris* (puncture vine), *Withania somnifera* (Ashwagandha), *Fouquieria splendens* (ocotillo bark), *Cinnamomum zeylanicum* ("true" cinnamon) and *Corynanthe yohimbe* (yohimbe).



#58200

59.15 mL (2 fl. oz.)

Key Features

- Unique blend of herbal ingredients formulated to provide synergistic support for male libido.*
- Promotes healthy blood flow to the sexual organs and relieves pelvic congestion.*
- Supports endogenous synthesis of nitric oxide associated with healthy erections.*
- May help alleviate the effects of stress on sexual desire, performance, and pleasure.*
- Tested to be free of pharmaceutical phosphodiesterase-5 (PDE5) inhibitor residues.



800.545.9960
info@nutricology.com
www.nutricology.com



HORMONE SUPPORT

Epimedium sagittatum (horny goat weed) has been used in traditional Chinese medicine to enhance libido and sexual function by improving blood flow to the genitals and other tissues.* One of the main active compounds in horny goat weed, icariin, has been shown to inhibit phosphodiesterase-5 (PDE5) while increasing nitric oxide production associated with healthy erections.* Tissue studies have shown that icariin can actually stimulate the growth of pelvic nerves which may also improve sexual function.*

Tribulus terrestris (puncture vine, also known as tribulus) has a long history of use in both Ayurvedic and Chinese medicine.* Tribulus is most often used to enhance libido and sexual performance.* It has been shown to increase levels of dehydroepiandrosterone sulfate (DHEA-S), a testosterone precursor. Tribulus helps support a normal healthy erection quality and orgasmic function in men.* Studies suggest that the pro-erectile effects of tribulus may be due to enhanced nitric oxide production.*

Withania somnifera (ashwagandha), an herb commonly used in Ayurvedic medicine, is known as an adaptogen, aphrodisiac, and rejuvenator.* *Withania somnifera* can help the body adapt to various stressors that diminish sexual performance and pleasure.* Scientific studies have shown that ashwagandha interacts with the hypothalamic-pituitary-adrenal (HPA) axis, thereby reducing the rise in cortisol seen with chronic stress.* Ashwagandha is used to promote a balanced mood, memory, and restorative sleep, and to improve physical and mental stamina.* Improved markers of fertility have also been seen in men with ongoing use of ashwagandha.*

Fouquieria splendens (ocotillo bark) is another extremely useful botanical for men.* *Fouquieria splendens* is held in high esteem by Southwestern herbalists, Latin American *curanderos* (folk healers), and native people in the Southwest.* Traditional lore suggests that ocotillo can improve venous blood flow in the lower abdomen, thus relieving pelvic congestion.* Normal, healthy pelvic blood flow is associated with a satisfactory sex drive and sexual experience in men as well as women.*

Cinnamomum zeylanicum (Ceylon cinnamon, also known as *Cinnamomum verum* or 'true' cinnamon) is well known in traditional medicine.* It is a potent antioxidant that can support the health of various tissues throughout the body.* Among its properties, cinnamon may help shield the male reproductive system from the harmful effects of environmental stressors and toxins.* In animal studies, cinnamon has been shown to boost semen quality, an indicator of male fertility.* The natural ingredients in cinnamon have been shown to enhance the erectile response in penile tissue by a mechanism that is independent of nitric oxide.*

Corynanthe yohimbe (also known as *Pausinystalia yohimbe*, or simply yohimbe) has long been used in traditional medicine of Western Africa to enhance male sexual function.* The plant contains the alkaloid yohimbine, which acts as an alpha-2 adrenergic antagonist in the central and peripheral nervous system.* Research shows that yohimbe supports nitric oxide release and enhances penile blood flow associated with normal, healthy erections.*

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Supplement Facts

Serving Size 1 Dropperful (1 mL)
 Servings Per Container Approx. 60

Amount Per Serving	% Daily Value
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Proprietary blend	164 mg †
<i>Epimedium sagittum</i> (Horny Goat Weed) aerial, <i>Tribulus terrestris</i> (Puncture Vine) fruit, <i>Withania somnifera</i> (Ashwagandha) root, <i>Fouquieria splendens</i> (Ocotillo) bark, <i>Cinnamomum zeylanicum</i> (Cinnamon) bark, <i>Corynanthe yohimbe</i> (Yohimbe) bark.	

† Daily Value not established.

Other ingredients: Organic vegetable glycerin, organic cane ethanol, distilled water.

Suggested Use: As a dietary supplement, 1 dropperful one to three times daily with or without meals, or as directed by a healthcare practitioner. Shake well before use.

WARNING: Seek expert medical advice before taking during pregnancy. If you are taking any prescription drug, or if nervousness, tremors, irritability, or dizziness occur, discontinue use and consult your healthcare professional.