

# Elderberry Chewables

with Elderberry and Sunfiber®

**Elderberry Chewables** supports immune and digestive health in children and adults.\* Eldermune™ contains a 65:1 black elderberry juice concentrate, standardized to a minimum 3% polyphenols, and Sunfiber® low-FODMAP friendly prebiotic fiber, formulated into a pleasant tasting, hypoallergenic, non-GMO berry chewable.\*



#58300  
60 chewable tablets

## Key Features

- Supports a healthy immune system response and friendly bacteria in the gut.\* A food-based source of prebiotics and antioxidants, including anthocyanins and other naturally occurring polyphenols.\*
- Potent 65:1 elderberry juice concentrate produced by solvent-free and low temperature processes to ensure optimal anthocyanin and polyphenol content.
- Sunfiber® is a clinically studied low-FODMAP friendly prebiotic fiber that supports the healthy flora in the gut.\*
- Shown to contain substantially higher levels of anthocyanins and polyphenols than other leading encapsulated elderberry products.
- Eldermune™ Elderberry Complex is Non-GMO Project Verified, hypoallergenic, Kosher, Halal, and vegetarian/vegan friendly.



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The use of elderberry (*Sambucus nigra*) for medicinal purposes dates back to ancient times and is detailed in the writings of the philosophers and physicians of ancient Rome and Greece. Today, we appreciate elderberry most for seasonal immune protection and support.\* Clinically, multiple randomized, double-blind, placebo-controlled trials have shown elderberry may help alleviate the severity and duration of discomfort associated with seasonal illness.\* Preclinical research supports this, showing elderberry enhances the immune response and has additional microbial balancing effects.\*

Elderberry fruit is a source of numerous polyphenols including anthocyanins, proanthocyanidins/flavanols, flavonols, and phenolic acids. Polyphenols are potent antioxidants and thus may convey numerous health benefits.\* Anthocyanins are a class of polyphenols found at high levels in berries, and give rise to their red, purple and blue colors. Cyanidin-3-O-glucoside (C3OG) is an anthocyanin found at high levels in elderberry and may contribute to neuroprotective, cardiovascular, metabolic, and immune system benefits.\*

Most elderberry juice concentrates lack fiber, which is removed during the juicing process, and also lose many of their natural antioxidants with high temperature drying. Eldermune™ is made with a solvent-free process, and utilizes a patented, low-temperature infrared drying to ensure the potent antioxidants and natural compounds found in elderberry are not compromised or lost. Tests have shown Eldermune™ contains higher levels of C3OG and gallic acid, two of the more processing-sensitive antioxidant compounds, than other encapsulated elderberry products. It is fortified with fiber from Sunfiber®, a clinically-studied guar gum prebiotic fiber.\*

Eldermune™ Elderberry Complex is non-GMO Project Verified and tested internally to verify that it is free of GMOs. Sunfiber® prebiotic fiber, found in Eldermune™, was the first fiber certified by Monash University to be low-FODMAP friendly. Eldermune™ Elderberry Complex is gluten-free, hypoallergenic, vegan, Kosher, and Halal, meeting the requirements of a wide variety of diets.

#### References:

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## Supplement Facts

Serving Size 1 Tablet  
 Servings Per Container 60

Amount Per Serving	% Daily Value
Eldermune™ Elderberry Complex	250 mg †
Elderberry Juice Concentrate <i>Sambucus L.</i> (fruit) (65:1) Contains > 3.0% polyphenols	
Bilberry Fruit Powder	20 mg †

† Daily Value not established.

Other ingredients: Sorbitol, xylitol, mannitol, honey powder, mixed Berry Natural Flavor, sunflower lecithin, Nu-Flow® (rice hulls), Nu-MAG® (rice extract, rice hulls, gum arabic, sunflower oil), Sunfiber® partially hydrolyzed guar fiber, silicon dioxide, malic acid, organic stevia.

**Suggested Use:** As a dietary supplement, chew or suck 1 tablet one to four times daily with or without meals, or as directed by a healthcare practitioner.

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Sunfiber® is a registered trademark of Taiyo International, Inc.