

Super B Vitamins

Non Yeast or Corn Derived

Super B Vitamins is an advanced and complete B-vitamin supplement, formulated especially for those who require the least amount of allergens. It provides substantial amounts of all eleven B-vitamins, including the co-enzyme forms of vitamins B2 and B6 for enhanced bioavailability, and extra pantothenic acid for adrenal support.* Instead of using vitamins derived from allergen-containing plant sources such as yeast or corn, the B vitamins in this formula are synthesized from hydrocarbons, which originate ultimately from living sources, with very low allergy potential.



#50340

120 vegetarian capsules

Key Features

- Formulated especially for those who require the least amount of allergens
- Includes the co-enzyme forms of vitamins B2 and B6 for enhanced bioavailability*
- Also includes extra pantothenic acid for adrenal support*
- Modest dose per pill allows for flexible divided dosing schedules



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Individual B Vitamin Products

- **B12 Adenosylcobalamin** 3000 µg with Folic Acid 60 Vegetarian Lozenges #56570
- **B12 Methylcobalamin** 3000 µg with Folic Acid 50 Vegetarian Lozenges #56560
- **Biotin 5000** 60 Vegetarian Caps #50350
- **Biotin Blast®** 90 Vegetarian Capsules #57090
- **Niacin** Vitamin B3 90 Vegetarian Caps #50360
- **No-Flush Niacin** 75 Vegetarian Caps #50370
- **Pantothenic Acid** 90 Vegetarian Caps #50380
- **Pyridoxine P5P** Vitamin B6 60 Vegetarian Caps #50390
- **QuatreActiv® Folate** 4th Generation 5-MTHF 90 Vegetarian Capsules #56530

Supplement Facts

Serving Size	2 Capsules	
Servings Per Container	60	
Amount Per Serving	% Daily Value*	
Thiamine (as Thiamine Hydrochloride)	50 mg	4167%
Riboflavin (as Riboflavin 5-Phosphate)	50 mg	3846%
Niacin (as Niacinamide)	150 mg NE	938%
Vitamin B6 (97% as Pyridoxine Hydrochloride and 3% as Pyridoxal-5-Phosphate)	103 mg	6059%
Folate (as 400 mcgDFE of Folic Acid)	667 mcg DFE	167%
Vitamin B12 (as Cyanocobalamin)	200 mcg	8333%
Biotin	200 mcg	667%
Pantothenic Acid (as Calcium Pantothenate)	250 mg	5000%
Choline Bitartrate	250 mg	†
Inositol	100 mg	†
PABA (Para-Aminobenzoic Acid)	100 mg	†

† Daily Value not established * Percent Daily Value are based on a 2,000 calorie diet

Other ingredients: Hydroxypropyl methylcellulose, magnesium stearate, silicon dioxide.

Suggested Use: As a dietary supplement, 1 or 2 capsules two times daily with meals, or as directed by a healthcare practitioner.